Eleanor Roosevelt’s “My Day” was a syndicated newspaper column published from 1935 to 1962. During those years, Eleanor wrote the column consistently six days a week, the only interruption being when her husband died, and even then she missed only four days. The column allowed Eleanor to reach millions of Americans with her views on social and political issues, current and historical events, and her private and public life. Dealing with subjects far out of the range of conventional first lady’s concerns, “My Day” is an outstanding example of the breadth of issues and activities that occupied Eleanor Roosevelt’s life.

Eleanor Roosevelt, “My Day” column (DAR Resignation), February 27, 1939

WASHINGTON, FEBRUARY 27, 1939 - I am having a very peaceful day. I drove my car a short distance out of the city this morning to pilot some friends of mine who are starting off for a vacation in Florida. I think this will be my only excursion out of the White House today, for I have plenty of work to do on an accumulation of mail, and I hope to get through in time to enjoy an evening of uninterrupted reading. I have been debating in my mind for some time, a question which I have had to debate with myself once or twice before in my life. Usually I have decided differently from the way in which I am deciding now. The question is, if you belong to an organization and disapprove of an action which is typical of a policy, should you resign or is it better to work for a changed point of view within the organization? In the past, when I was able to work actively in any organization to which I belonged, I have usually stayed until I had at least made a fight and had been defeated.

Even then, I have, as a rule, accepted my defeat and decided I was wrong or, perhaps, a little too far ahead of the thinking for the majority at that time. I have often found that the thing in which I was interested was done some years later. But in this case, I belong to an organization in which I can do no active work. They have taken an action which has been widely talked of in the press. To remain as a member implies approval of that action, and therefore I am resigning.

Read more online at the Eleanor Roosevelt Papers Project: http://www.gwu.edu/~erpapers/myday/displaydoc.cfm?_y=1939&_f=md055200.